



<b>UNIT NUMBER</b> <i>For Blood Center Use Only</i>
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## Parental/Guardian Consent to Blood Donation for 16-Year-Old Donors

Please print the following information in blue or black ink.

Name of minor/ward \_\_\_\_\_

Minor/ward date of birth 

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 Age on day of donation \_\_\_\_\_

Phone number where parent/guardian can be reached (on the day of donation) \_\_\_\_\_

*Please, be available at this number during the hours of the blood drive, so you can be notified in case of an adverse reaction.*

**The blood donation process consists of five steps.**

**Registration:** The donor will have to present an identification document with picture and proof of age. He/she will receive educational materials to read before completing a questionnaire on medical history, medications, lifestyle and travel outside the United States.

**Screening & Mini-physical examination:** The questionnaire will be reviewed, and questions asked to determine eligibility. The staff will also take temperature, pulse, and blood pressure, and prick the donor's finger to test the blood for hemoglobin level.

**Hydration and Snack Station:** Salty snacks and water are offered to donors right before donation to raise the blood volume and blood pressure. This can help prevent light-headedness sometimes associated with donation.

**Blood collection:** The donor's arm is first cleaned with an antiseptic. The donor cannot get HIV or other disease by giving blood. A new sterile needle is used for each donor. About one pint of blood is collected using a sterile blood container. The donor will receive printed post donation care instructions and blood center contact information to take home. Side effects seldom occur, but the donor may experience discomfort, bruising and/or bleeding at the needle site, dizziness, nausea, vomiting, fainting with/without involuntary muscle contractions. Rarely, nerve damage, arterial puncture, infection, blood clot formation, and/or vein inflammation can occur.

**Refreshment:** After donation, the donor will receive beverages and snacks. The body will replenish the fluids lost during donation in approximately 24 hours. Red blood cells are replaced after about 8 weeks. The entire donation process should take about one hour.

**Testing done on the blood**

Giving blood saves lives. However, disease can spread through the transfusion of infected blood. All blood donors are screened for syphilis, hepatitis viruses, AIDS viruses, Human T-Lymphotropic Viruses, the West Nile and Zika Viruses and Chagas' disease. Donors are also screened for Babesia infection in states where testing is required. However, tests are not perfect. Recent exposures may not be detected. Donor cooperation and honesty are crucial to prepare the safest possible blood. I have no reason to believe my 16-year-old should not donate blood. In addition to any other health authorities required by law, including health department, notification of abnormal laboratory test results is mailed directly to the donor, or the donor's parents/guardians if the donor is 16 years of age.

**Informed Consent**

I confirm I am the parent or legal guardian of the individual named below, that I have read and understand the information stated above, that my child/ward is at least 16 years of age, that Versiti™, through its controlled affiliates, may test, use or transfer his/her blood or blood components for any purpose it deems appropriate, including for transfusion, or commercial purposes, and I give my permission for him/her to donate blood:

Parent/Guardian Name Printed: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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By signing below, I authorize Versiti™ to inform my parent/guardian of any positive blood screening test results (including HIV test results). I confirm that the above signature is that of my parent or legal guardian:

Minor/ward name printed: \_\_\_\_\_

Minor/Ward Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*This form must be presented by the donor on the day of each donation.*