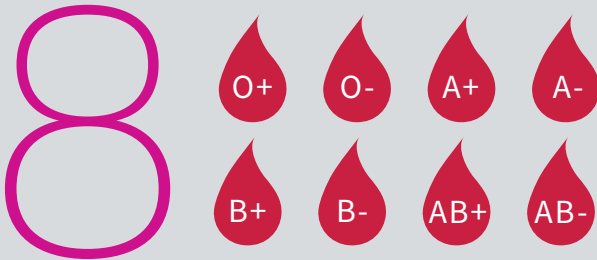


BREAKING DOWN BLOOD

We're addressing what blood is made of, what positive and negative mean, how you can find out your blood type, and other important questions.

HOW MANY BLOOD TYPES ARE THERE?



WHAT'S THE BEST BLOOD TYPE? ...trick question

ALL blood types are important to the blood supply. But, there are a few important things to know...



O- is the universal type for red blood cells, meaning anyone can receive O- blood. This blood type is critical for trauma when a victim's blood type is not known.



Is the rarest blood type - typically occurring in only 4% of people. However, AB+ and AB- are the universal blood types for plasma.



Is the 2nd most common blood type. A- donors are encouraged to give double reds, while A+ donors may be encouraged to donate platelets or red blood cells.

HOW CAN I FIND OUT MY BLOOD TYPE?

To find out your blood type come donate with Versiti Blood Center.

After your first donation, you can go to versiti.org to schedule appointments, see your blood type and view your past donations.

WHAT'S THE DEAL WITH - AND + BLOOD TYPES?

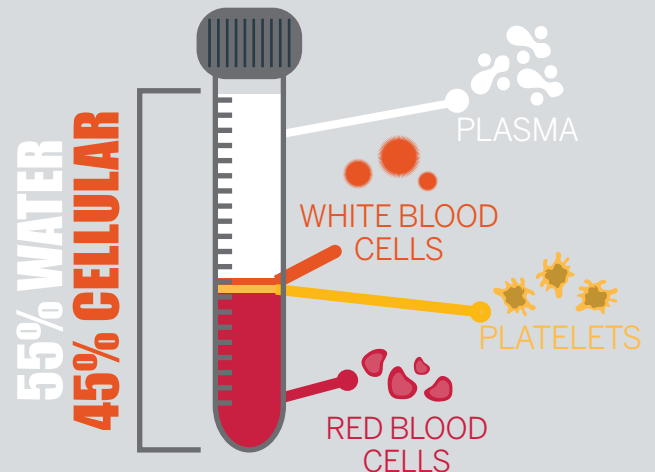
Positive (+) and Negative (-) blood types are determined by the

Rhesus Factor [Rh Factor for short]

Those who have this antigen on their red blood cells are Rh+. Those who do not are Rh-.



WHAT IS BLOOD MADE OF?



WHAT IF I HAVE MORE QUESTIONS ABOUT BLOOD?

Versiti is always here to answer your questions.

Visit Versiti.org/faq or talk with us on social media.